

# West Jordan Senior Center

## September 2025



### **"Kindness is a little bit of magic that makes the world a much better place!"**

Our Quilting Guild and Knit/Crochet Group have joined forces to help provide much needed lap blankets & quilts to our local Cancer Center! Come join forces! This amazing group does it all and has been our "Humanitarian Heroes" for the last



few years. Just from June 30-July 23 of this year, they have dedicated time and money to make 32 adult hats, 37 quilts, 10 fleece blankets, and 214 port pillows. Over the years they have made much more, such as pillow cases and blankets for foster children. Huge shoutout and thank you to these amazing people,

### **Meet Lisa with Independent Aging**

We are excited to announce a deeper partnership with our Independent Aging Team. Lisa will be our local Case Worker and will take 30 minute appointments on the 4th Wednesday of every month from 9:30-11:30am. See the front desk for more information and/or to schedule an appt.

### **A Touch of Care**

*Honoring the spirit of service through caring connections.*

Thursday, September 11th from 10:00-11:30am

Join us as we partner to provide quiet acts of beauty on hands and nails from hand massages, to filing, and painting. While the volunteers are available, this will be first come, first serve.

**Vaccine Clinic:** Tuesday, September 30th from 9:30am - 12:30pm

## Center Information HOURS

Monday - Friday  
7:00 AM - 4:00 PM

## CONTACT

Manager: Amber Christensen

Programs: Sharon Gibson

Office: Nicole Burgess

Kitchen: Shanna Curley

Driver: Dale Perkins

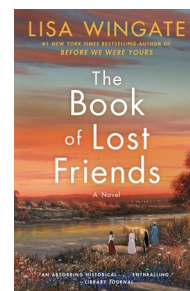
Custodian: Cameron Smith

**8025 S. 2200 W.**  
**West Jordan, UT 84088**

**(385)468-3401**

[Slco.org/west-jordan-senior-center/](http://Slco.org/west-jordan-senior-center/)

**SL**  
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**COUNTY**  
**AGING & ADULT**  
**SERVICES**



### **Book Club**

2nd Tuesday of the  
month at 1:00pm

**The Book of Lost  
Friends**

By Lisa Wingate

1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday
<b>Center Closed</b> 	9:00 Arthritis Exercise 9:30 Drums Alive 9:30 ESL Grammar 10:00 Ceramics 10:00 Wii Bowling 10:45 Drums Alive 12:30 Bingo 12:30 Beginning Guitar 1:00 Floss N Friends 1:30 Intermediate Guitar 1:30 Pickleball GF Rec.	8:00 Advanced Tai Chi 8:30 Low Impact Fitness 9:30 Painting 9:30 Knit/Crochet 9:45 Zumba 10:00 Ax Throwing 11:30 EnhanceFitness® 12:00 Beginning Lapidary 12:30 Wood Carving 12:30 Bridge 1:00 Inter. Wool Applique	9:00 Arthritis Exercise 9:30 Drums Alive 10:00 Swedish Weaving 10:00 Wii Bowling 10:45 Drums Alive 12:30 Bingo 1:30 Bunco 1:30 Pickleball GF Rec.	8:00 Advanced Tai Chi 9:00 Tatting 9:30 Low Impact Fitness 10:00 Plastic Canvas 10:00 Vital Aging 11:00 Kumihimo 11:30 EnhanceFitness® 12:00 Lapidary 1:00 WJ Band Practice 1:00 Chair Volleyball
8	9 Birthday Tuesday	10	11	12
8:00 Advanced Tai Chi 9:30 Low Impact Fitness 10:00 Beginning Spanish 11:00 Spanish 2 11:30 EnhanceFitness® 12:00 Lapidary 1:00 Band Practice 1:00 Kumihimo 1:30 Mexican Train	9:00 Arthritis Exercise 9:30 Drums Alive 9:30 ESL Grammar 10:00 Ceramics 10:00 Wii Bowling 10:45 Drums Alive <b>11:00 Entertainment</b> 12:30 Bingo 12:30 Beginning Guitar 1:00 Floss N Friends 1:30 Intermediate Guitar 1:30 Pickleball GF Rec.	8:00 Advanced Tai Chi 8:30 Low Impact Fitness 9:30 Painting 9:30 Knit/Crochet 9:45 Zumba 10:00 Ax Throwing 11:30 EnhanceFitness® 12:00 Beginning Lapidary 12:30 Wood Carving 12:30 Bridge 1:00 Inter. Wool Applique	9:00 Arthritis Exercise 9:30 Drums Alive 10:00 Swedish Weaving 10:00 Wii Bowling <b>10:00 Touch of Care</b> 10:45 Drums Alive <b>11:30 Moment of Silence</b> 12:30 Bingo 1:00 Book Club 1:30 Bunco 1:30 Pickleball GF Rec.	8:00 Advanced Tai Chi 9:00 Tatting 9:30 Low Impact Fitness 10:00 Plastic Canvas 10:00 Vital Aging 11:00 Kumihimo 11:30 EnhanceFitness® 12:00 Lapidary 1:00 WJ Band Practice 1:00 Chair Volleyball
15	16	17	18	19
8:00 Advanced Tai Chi 9:30 Low Impact Fitness 10:00 Beginning Spanish 11:00 Spanish 2 11:30 EnhanceFitness® 12:00 Lapidary 1:00 Band Practice 1:00 Kumihimo 1:30 Mexican Train	9:00 Arthritis Exercise 9:30 Drums Alive 9:30 ESL Grammar 10:00 Ceramics 10:00 Wii Bowling <b>11:00 Celebrate Mexico's Independence</b> 10:45 Drums Alive 12:30 Bingo 12:30 Beginning Guitar 1:00 Floss N Friends <b>1:30 Joy Club</b> 1:30 Intermediate Guitar 1:30 Pickleball GF Rec.	8:00 Advanced Tai Chi 8:30 Low Impact Fitness 9:30 Painting 9:30 Knit/Crochet 9:45 Zumba 10:00 Ax Throwing <b>10:00 AARP Driving</b> 11:30 EnhanceFitness® 12:00 Beginning Lapidary 12:30 Wood Carving 12:30 Bridge 1:00 Inter. Wool Applique	9:00 Arthritis Exercise 9:30 Drums Alive 10:00 Swedish Weaving 10:00 Wii Bowling 10:45 Drums Alive  <b>12:30 Early Closure</b> <b>Division Meeting.</b> <b>Bingo and Bunco canceled for today.</b> 1:30 Pickleball GF Rec.	8:00 Advanced Tai Chi 9:00 Tatting 9:30 Low Impact Fitness 10:00 Plastic Canvas 10:00 Vital Aging 11:00 Kumihimo 11:30 EnhanceFitness® 12:00 Lapidary 1:00 WJ Band Practice 1:00 Chair Volleyball
22	23	24	25	26
8:00 Advanced Tai Chi 9:30 Low Impact Fitness 10:00 Beginning Spanish 11:00 Spanish 2 11:30 EnhanceFitness® <b>11:30 Entertainment with Doug Slade</b> 12:00 Lapidary 1:00 Band Practice 1:00 Kumihimo 1:30 Mexican Train	9:00 Arthritis Exercise 9:30 Drums Alive 9:30 ESL Grammar 10:00 Ceramics 10:00 Wii Bowling 10:45 Drums Alive 12:30 Bingo 12:30 Beginning Guitar 1:00 Floss N Friends 1:30 Intermediate Guitar 1:30 Pickleball GF Rec.	8:00 Advanced Tai Chi 8:30 Low Impact Fitness 9:30 Painting 9:30 Knit/Crochet 9:45 Zumba 10:00 Ax Throwing 11:30 EnhanceFitness® 12:00 Beginning Lapidary 12:30 Wood Carving 12:30 Bridge 1:00 Inter. Wool Applique	9:00 Arthritis Exercise 9:30 Drums Alive <b>9:30 Meeting with Lisa</b> 10:00 Swedish Weaving 10:00 Wii Bowling 10:45 Drums Alive 12:30 Bingo 1:30 Bunco 1:30 Pickleball GF Rec.	8:00 Advanced Tai Chi 9:00 Tatting 9:30 Low Impact Fitness 10:00 Plastic Canvas 10:00 Vital Aging 11:00 Kumihimo 11:30 EnhanceFitness® 12:00 Lapidary 1:00 WJ Band Practice 1:00 Chair Volleyball
29	30			
8:00 Advanced Tai Chi 9:30 Low Impact Fitness 10:00 Beginning Spanish 11:00 Spanish 2 11:30 EnhanceFitness® 12:00 Lapidary 1:00 Band Practice 1:00 Kumihimo 1:30 Mexican Train	9:00 Arthritis Exercise <b>9:30-11:30 Vaccine Clinic - bring insurance</b> 9:30 Drums Alive 9:30 ESL Grammar 10:00 Ceramics 10:00 Wii Bowling 10:45 Drums Alive 12:30 Bingo 12:30 Beginning Guitar 1:00 Floss N Friends 1:30 Intermediate Guitar 1:30 Pickleball GF Rec.	<b>Intermediate Wool Applique Wednesdays at 1pm</b>  Wool is not provided. All instructions and materials needed will be discussed the first day, September 3rd.		

## **CURRENT VOLUNTEERS!!**

You're invited to a Volunteer "REFRESH" Orientation! We will review policies and guidelines for volunteering. Come enjoy a treat and get a small swag bag!  
**Monday, OCTOBER 6TH**  
 1pm-2pm