

Tenth East

Senior Center

September, 2025



HIGHLIGHTED PROGRAMS

Farmers Market: Thursday, September 4, 11:15 AM

Thanks to the Utah State University, Master Gardner Program, we'll be having another free market. Please bring your own bag.

Live Music and Treats: Friday, September 5, 11:30 AM

Thank you for being a member of the Tenth East Senior Center! As we transition to allow much needed changes to Tenth East, we also want to celebrate how wonderful this community has been for us all. We will miss you and we hope to see you when we reopen. Please join us for live music, lunch, and treats to celebrate this community and say a temporary farewell. Live music will be provided by our amazing community partner, the Heart & Soul organization. Enjoy the wonderful music by Gazzpacho, a lively ensemble, that is known for their Poppy Swing and Swinging Pop music.

ANNOUNCEMENTS

Our last open day will be Friday, September 5 for a remodel.

The project is expected to take about 18 months and it will transform the center with a new café-style kitchen and lunchroom, a dedicated exercise room and larger fitness area, a new main entry, and upgraded grounds and parking lot. During the closure, Tenth East participants are encouraged to visit other Salt Lake County Senior Centers, especially South Salt Lake, where many Tenth East classes and programs will be held. Aging & Adult Services will provide transportation to the South Salt Lake Senior Center for Tenth East patrons. South Salt Lake Senior Center is located at 2531 South 400 East, South Salt Lake City. You can call South Salt Lake Senior Center at 385-468-3340.

Thank you for your patience as we make these exciting improvements. We are looking forward to welcoming all of you back to a beautiful newly renovated Tenth East Senior Center!

CENTER INFORMATION

HOURS

Monday-Friday
7:00 AM-4:00 PM

LUNCH

11:30 AM-12:15 PM

CONTACT

(385) 468-3140

Management: Matt Waite

Programs: Lara Kandolin

Office: Donnie Tidwell

Maintenance: Jason Hill

Kitchen: Jill Roberts


ADDRESS

237 South 1000 East
Salt Lake City, UT
84102

WEBSITE

<https://slco.org/tenth-east-senior-center/>



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| 1 | 2 | 3 | 4 | 5 |
| <div>CLOSED FOR HOLIDAY</div> | 10:30 Chair Yoga 11:30 Lunch Tech. Help by Appt. | 9:45 Stretch Yoga 11:30 Lunch | 9:45 Strength Yoga 11:15 Farmer's Market 11:30 Lunch Tech. Help by Appt. | 9:00 Stretch Yoga 11:30 Lunch 11:30 Live Music & Community Celebration <div>LAST DAY OPEN</div> |
| 8 | 9 | 10 | 11 | 12 |
| <div>CENTER CLOSED FOR THE REMODEL</div> | | | | |
| PACKING AND MOVING | | | | |
| 15 | 16 | 17 | 18 | 19 |
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| CONSTRUCTION BEGINS | | | | |
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| 22 | 23 | 24 | 25 | 26 |
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| 29 | 30 | | | |
| <div>We anticipate to reopen in 18 months</div> | |  | | |