

Riverton Senior Center September 2025

"Sharing Knowledge"

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Walk with Ease

October 6th-November 14th on
Mondays, Wednesdays, and Fridays
10:00-11:00am

*Registration is required.

If you can be on your feet for 10 minutes
without increased pain, or you simply enjoy
walking, this class is for you!

This is an exercise and education
program that can help reduce pain and
improve your overall health.

Volunteers are a Treasure

Volunteer
Recognition
will be held on
October 17th
at **11:00am**

Please join us as we
recognize the
incredible
volunteers that lead
our classes, run our
kitchen, help at the
front desk, and so
much more.

Menu

Chicken Parmesan
Creamy Alfredo
Pasta
Caesar Salad
Berry Cobbler
Chocolate Milk

CENTER INFORMATION

12914 South Redwood Rd.

Riverton, Utah 84065

Phone: 385-468-3040

Open: 7:00^{am} - 4:00^{pm}

Monday-Friday

MORNING COFFEE

Available mornings from

8:00^{am} - 10:00^{am}

Suggested donation .50¢

DINING ROOM LUNCH

Monday- Friday from

11:30^{am} - 12:15^{pm}

SUGGESTED DONATION

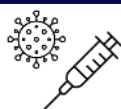
\$4.00 for 60+

Under age 60 cost is \$8.00

Vital Aging: Decluttering

Tuesday, September 9th
at 10:00am

Vital Aging en español
se reanudará
en noviembre.



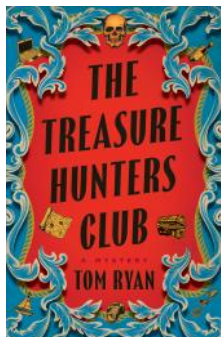
Vaccination Clinic

Tuesday, September 23rd
from 9:30am-12:30pm



Flu, RSV, and Shingles Vaccines

Please bring your health insurance cards, including any
Medicaid replacement cards for supplemental insurance plans.



October Book Club

*The Treasure
Hunters Club*

By
Tom Ryan



Live Music



Happy Together @ 11:30am

Friday, September 12th

Dieter Wachtel @ 11:30am

Friday, September 19th

FREE TRANSPORTATION

Serving Riverton, Herriman
& Bluffdale

CENTER STAFF

Manager - Travis Woods

gwoods@saltlakecounty.gov

CPC - Hannah Ruth-Pond

OS - Debbie Otteson

<https://www.saltlakecounty.gov/aging-adult-services/community/senior-centers/riverton/>

SL SALT LAKE
COUNTY

AGING & ADULT SERVICES

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Call 385-468-3040 to Register

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
 <p>CLOSED FOR</p>	9:30 Knit/Crochet 10:00 Senior Ballet 10:00 Gardening Club* 11:30 Chair Yoga 12:30 Ceramics 12:30 Canasta 1:00 Get U Moving 1:00 Mind Over Matter	9:00 Sewing Circle* 9:00 Lapidary 10:00 ESL 10:00 Glee Club 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Wood Carving 1:00 Get U Moving 2:00 Tai Chi	9:00 Lapidary 9:00 Zumba 9:30 Manejo Personal del Dolor 9:45 Bingo* 12:00 Pottery* 12:30 Bunco* 1:00 EnhanceFitness
8	9	10	11	12
9:00 Yoga 9:00 Lapidary Cert 9:30 Invincible 10:00 ESL 12:30 Invincible 1:00 Line Dancing 1:00 EnhanceFitness 1:00 Beginning Spanish 2:00 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 10:00 Vital Aging: Decluttering 10:30 Coins with Gene 11:30 Chair Yoga 12:30 Ceramics 12:30 Canasta 1:00 Get U Moving	9:00 Sewing Circle* 9:00 Lapidary 9:00 Games* 10:00 ESL 10:00 Glee Club 10:00 Dance Club 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Book Club 1:00 Wood Carving 1:00 Get U Moving	8:00 Clogging 9:00 Lapidary 9:00 Zumba 9:45 Bingo* 11:30 JJ Happy Together ♪ 12:00 Pottery* 12:30 Mike Rose: New England 12:30 Bunco* 1:00 EnhanceFitness
15	16	17	18 Closing Early	19
9:00 Yoga 9:00 Lapidary Cert 9:30 The Game Plan 12:30 The Game Plan 1:00 Line Dancing 1:00 EnhanceFitness 1:30 Beginning Spanish 2:30 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 11:30 Chair Yoga 12:30 Ceramics 12:30 Canasta 1:00 Get U Moving 1:00 Mind Over Matter	9:00 Sewing Circle* 9:00 Lapidary 9:00 Games* 10:00 Glee Club 10:00 Dance Club 11:00 Volunteer Training 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	9:00 Caregiver Support 9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance Centers will close at 12:00pm for staff training.	9:00 Lapidary 9:00 Zumba 9:45 Bingo* 11:30 JJ Dieter Wachtel ♪ 12:00 Pottery* 12:30 Bunco* 1:00 EnhanceFitness
22	23	24	25	26
9:00 Yoga 9:00 Lapidary Cert 9:30 Remember the Titans 10:00 ESL 12:30 Remember the Titans 1:00 Line Dancing 1:00 EnhanceFitness 1:30 Beginning Spanish 2:30 Intermediate Spanish	9:30 Knit/Crochet 9:30 Vaccine Clinic 10:00 Senior Ballet 11:30 Chair Yoga 12:30 Canasta 12:30 Ceramics 1:00 Get U Moving 	9:00 Sewing Circle* 9:00 Lapidary 9:00 Games* 10:00 ESL 10:00 Glee Club 10:00 Dance Club 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness 2:30 Bonus Bingo*	9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Wood Carving 1:00 Get U Moving	8:00 Clogging 9:00 Lapidary 9:00 Zumba 9:45 Bingo* 12:00 Pottery* 12:30 Bunco* 1:00 EnhanceFitness
29	30			
9:00 Yoga 9:00 Lapidary Cert 9:30 Little Giants 10:00 ESL 12:30 Little Giants 1:00 Line Dancing 1:00 EnhanceFitness 1:30 Beginning Spanish 2:30 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 11:30 Chair Yoga 12:30 Canasta 12:30 Ceramics 1:00 Get U Moving 1:00 Mind Over Matter			
*Funded by the Advisory Committee				