

MAGNA KENNECOTT SENIOR CENTER



September 2025

Senior Wellness Decathlon

- Our annual Senior Wellness Decathlon will be Tuesday, September 9th. Games will begin at 8:30 AM and go until 2:00 PM.
- Come enjoy the games, entertainment, raffles, and a chance to win trophies and a basket!

U of U Exercise Class

- U of U Exercise students are back for the Fall semester!
- Class is Mondays and Wednesdays from 9:30-10:30 AM
- Signup at the front desk.

Strong & Steady Falls Prevention Event

- September 23rd from 9:00 AM-1:00 PM
- Take a trip to Wheeler Farm and learn about Fall Prevention education
- Free lunch for first 100 attendees. Bus seats 10 people. Signup at the front.

Vaccine Clinic

- Friday, September 26th at 9:30-12:30 PM in the craft room behind the cafeteria.
- Flu, RSV, and shingles vaccines will be available.
- Please bring your health insurance cards, including any Medicaid replacement cards and cards for supplemental insurance plans.

We will be closed at 12:30 on Thurs, September 18th for staff meeting

We will be closed Monday, September 1st for Labor Day

Local Author Book Club

August Entertainment

“The Art of Aging Joyfully”

By Daryl Hoole

September 25th at 10:45 AM

Crossfire Band

September 2nd

Troy Gogan

September 9th

Center Information

HOURS

Monday - Friday

7:00 AM - 4:00 PM

Dine-in Lunch: 11:30-12:15

CONTACT

(385)468-3000

Manager: *Amanda Anderson*

Coordinator: *Lindsey Beyeler*

Front Office: *Kristin Bowen*

Kitchen: *Vacant*

Custodian: *Elias Hicks*

Driver: *Jonathan Hill*

ADDRESS

9228 West 2700 South
Magna, Utah 84044



September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1		3	4	5
Labor Day Center Closed	9:00 Sew-N-Sews 9:45 Arthritis Exercise 11:00 Chair Flair 11:30 Live Music: Crossfire Band 11:30 Dine-In Lunch 12:00 Strength/Tai Chi Form 12:30 Leather Craft 1:00 Drums Alive	9:00 Painting w/Karen 9:00 Intro to Spanish 9:30 U of U Exercise 11:00 Dance Flow 11:30 Dine-in Lunch 12:30 Bingo	9:30 Strength/Tai Chi Form 9:45 Arthritis Exercise 10:30 Yoga 11:00 Guitar Lesson 11:30 Dine-In Lunch 12:30 Pottery 12:30 Social Coloring	9:00 Intro to Spanish 10:00 Line Dancing 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo
8	9 Wellness Decathlon	10	11	12
9:00 Intro to Spanish 9:30 U of U Exercise 11:00 Dance Flow 11:00 Guitar Lesson 11:30 Dine-in Lunch 12:30 Bingo	8:30 Decathlon 9:00 Sew-N-Sews 9:45 Arthritis Exercise 11:00 Chair Flair 11:30 Live Music: Troy Gogan 11:30 Dine-In Lunch 12:00 Strength/Tai Chi Form 12:30 Leather Craft 1:00 Drums Alive	9:00 Painting w/Karen 9:00 Intro to Spanish 9:30 U of U Exercise 11:00 Dance Flow 11:30 Dine-in Lunch 12:30 Bingo	9:30 Strength/Tai Chi Form 9:45 Arthritis Exercise 10:30 Yoga 11:00 Guitar Lesson 11:30 Dine-In Lunch 12:30 Pottery 12:30 Social Coloring	9:00 Intro to Spanish 10:00 Line Dancing 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo 1:30 Vital Aging
15	16	17	18	19
9:00 Intro to Spanish 9:30 U of U Exercise 11:00 Dance Flow 11:00 Guitar Lesson 11:30 Dine-in Lunch 12:30 Bingo	9:00 Sew-N-Sews 9:45 Arthritis Exercise 11:00 Chair Flair 11:30 Dine-In Lunch 12:00 Strength/Tai Chi Form 12:30 Leather Craft 1:00 Drums Alive	9:00 Painting w/Karen 9:00 Intro to Spanish 9:30 U of U Exercise 11:00 Dance Flow 11:30 Dine-in Lunch 12:30 Bingo	9:30 Strength/Tai Chi Form 9:45 Arthritis Exercise 10:30 Yoga 11:00 Guitar Lesson 11:30 Dine-In Lunch Center Closing 12:30 PM	9:00 Intro to Spanish 10:00 Line Dancing 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo
22	23	24	25	26
9:00 Intro to Spanish 9:30 U of U Exercise 11:00 Dance Flow 11:00 Guitar Lesson 11:30 Dine-in Lunch 12:30 Bingo	9:00 Sew-N-Sews 9:45 Arthritis Exercise 11:00 Chair Flair 11:30 Dine-In Lunch 12:00 Strength/Tai Chi Form 12:30 Leather Craft 1:00 Drums Alive	9:00 Painting w/Karen 9:00 Intro to Spanish 9:30 U of U Exercise 11:00 Dance Flow 11:30 Dine-in Lunch 12:30 Bingo 1:30 Bunco	9:30 Strength/Tai Chi Form 9:45 Arthritis Exercise 10:30 Yoga 10:45 Local Author's Book Club 11:00 Guitar Lesson 11:30 Dine-In Lunch 12:30 Pottery 12:30 Social Coloring	9:00 Intro to Spanish 9:30 Vaccine Clinic 10:00 Line Dancing 11:00 Dance Flow 11:00 Vital Aging: Open Clinic w/Jesse 11:30 Dine-In Lunch 12:30 Bingo
29	30			
9:00 Intro to Spanish 9:30 U of U Exercise 11:00 Dance Flow 11:00 Guitar Lesson 11:30 Dine-in Lunch 12:30 Bingo 2:00 Salvation Army Food Box	9:00 Sew-N-Sews 9:45 Arthritis Exercise 11:00 Chair Flair 11:30 Dine-In Lunch 12:00 Strength/Tai Chi Form 12:30 Leather Craft 1:00 Drums Alive			