



From Africa to America:

The Creative Journey of Gregory Amobi
Gregory Amobi brings creativity, humor, and a zest for life wherever he goes. Born with a passion for storytelling and music, Gregory once created a film in Africa that continues to spark joy in others. Now living in the U.S., his most stressful experience - immigrating - was met with calm resolve, using relaxation as his strength.

Gregory is a devout member of the LDS Church and describes his sense of humor as "excellent." A guitar player with a rock-and-roll heart, his favorite band is the Rolling Stones, and his go-to song is "Satisfaction." He enjoys basketball, reading, and traveling. His favorite movie? Anything with James Bond. His TV pick? Blue Bloods.

Gregory's taste is as classic as his personality - he's a fan of the 16 Chapels, vanilla ice cream, and chess. A Tom Selleck admirer, Maya Angelou reader, and Golden Corral regular, Gregory keeps life flavorful, musical, and always interesting. Whether talking music, movies, or memories, Gregory brings satisfaction to every conversation.

Events in September & Upcoming Events:

- * **Donation Day every Friday: T-shirts, socks, backpacks**
- * **Vital Aging counselling** with Jesse on Thursdays, 10AM - 11AM
- * ESL available at River's Bend Senior Center: **for information call 385-468-3015**
- * **Need help with housing questions?** Contact Kelly Roemer @385-468-3245
- * **Book Club: The Orphan Master's Son:** follows the harrowing and heroic journey of Pak Jun Do, the son of a man who runs a state orphanage. As Jun Do is swept into the country's shadowy political system; through espionage, torture, and identity shifts; he begins to challenge the lies he's been taught to believe. **Discussion questions available: See Arthur or email amattthews@saltlakecounty.gov**
- * **Karaoke:** Monday, September 25 10:45 AM - 12 PM
- * **Joke:** What do you get when a chicken lays eggs on top of a hill? **Eggrolls!**
- * **Quote:** "September whispers of change. Not just in the leaves, but in ourselves. It's a gentle reminder that fresh starts don't always need a new year."
- * **Haircut: Friday, 22nd, 1 - 3 PM, Room #5**
- * **Armchair traveling: Congo [DRC] - Geographic Uniqueness**
The Congo River is the second longest in Africa and the deepest river in the world, essential for transport and trade.
- * **Volunteer Recognition: "We Treasure our Volunteers!"**
Date: Wednesday, September 2, 2025. **Time:** 9:00 AM – 10:00 AM
9:00 AM – Welcome & Light Refreshments
9:10 AM – Opening Remarks
9:20 AM – Guest Speakers
9:40 AM – Volunteer Highlights & Certificates
9:55 AM – Closing Words & Thank You

SEPT 2025 Center Information Hours:

Monday - Friday
7:00 AM - 4:00 PM

Contact:

(385)-468-3170

lcschofield@slco.org

Manager: Lisa Schofield

Programs: Arthur Matthews

Office: Lea Robledo

Driver: Frankee Thomas

Custodian: Mark Aldred

Kitchen Lead: Monique Montano

Deputy: R. Curley

Housing: Kelly Roemer

Address:

251 East 700 South
Salt Lake City, UT
84111

Website:

slco.org/liberty-senior-center



September, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1.	2.	3.	4.	5.
Center Closed Labor Day	9:00 Volunteer Recognition 9:00 UofU Fitness 10:00 Guitar Lessons 12:30 AF Exercise 12:30 Computer Aide 1:00 Open Art Studio	8:00 Craft Lab 12:30 Computer Aide 1:00 Open Art Studio 1:00 Movie	9:00 UofU Fitness 10:00 Vital Aging 1:00 Open Art Studio	7:00 Donation Day 10:00 3D Pen 12:30 AF Exercise 1:15 Friday Films:
8.	9.	10.	11.	12.
12:30 Computer Aide 1:00 Book Club: Questionnaire Available	9:00 UofU Fitness 10:00 Guitar Lessons 11:30 Birthday Meal 11:15 Larry Turner 12:30 AF Exercise 12:30 Computer Aide 1:00 Open Art Studio	8:00 Craft Lab 12:30 Computer Aide 1:00 Open Art Studio 1:00 Movie	9:00 UofU Fitness 10:00 Vital Aging 1:00 Open Art Studio	7:00 Donation Day 10:00 3D Pen 12:30 AF Exercise 1:15 Friday Films:
15.	16.	17.	18.	19.
11:30 16-Strings 12:30 Computer Aide 1:00 Book Club meeting@Liberty in room #4@1PM 1:00 Movie	9:00 UofU Fitness 10:00 Guitar Lessons 12:30 AF Exercise 12:30 Computer Aide 1:00 Movie 1:00 Open Art Studio	8:00 Craft Lab 12:30 Computer Aide 1:00 Open Art Studio 1:00 Movie	9:00 UofU Fitness 10:00 Vital Aging 11:30 Calvin Law 1:00 Open Art Studio	7:00 Donation Day 10:00 3D Pen 12:30 AF Exercise 1:15 Friday Films:
22.	23.	24.	25.	26.
10:00 Outreach Team 11:45 Karaoke 12:30 Computer Aide 1:00 Book Club 1:00 Movie	9:00 UofU Fitness 10:00 Guitar Lessons 12:30 AF Exercise 12:30 Computer Aide 1:00 Movie 1:00 Open Art Studio	8:00 Craft Lab 12:30 Table Tennis 12:30 Computer Aide 1:00 Open Art Studio 1:00 Movie	9:00 UofU Fitness 10:00 Vital Aging 1:00 Open Art Studio	7:00 Donation Day 10:00 3D Pen 12:30 AF Exercise 1:15 Friday Films:
29.	30.			
12:30 Computer Aide 1:00 Book Club 1:00 Movie	9:00 UofU Fitness 10:00 Guitar Lessons 12:30 AF Exercise 12:30 Computer Aide 1:00 Movie 1:00 Open Art Studio			

DONATION DAY

EVERY FRIDAY IN SEPTEMBER



TOP NEEDED ITEMS

- Clothing
- Hygiene items
- Bottled water
- Non-perishable food
- First aid supplies

DROP OFF AT LIBERTY SENIOR CENTER

Help those experiencing homelessness in our community. Your donations can make a difference!

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