DRAPER SENIOR CENTER

September 2025



September Events

Sept I- Labor Day

Center will be closed for Labor Day

Sept 23 Shred Day

Mark your calendars for September 23 – it's going to be a great day! We are partnering with Draper City to offer a free shred truck service for all members of Salt Lake County Senior Centers and Draper City employees. The truck will be here from Ham-Ipm. Limit of 5 banker boxes per household.

Bring your old documents and help protect your personal information. Each household can bring up to 5 banker boxes of paper for shredding. Don't miss this opportunity to declutter and dispose of sensitive documents securely!

Sept 18- All Employee Staff Meeting

The Draper Senior Center will be closing at 12:00 for an all County employee staff meeting.

CENTER INFORMATION

HOURS

Monday - Friday 7:00 AM - 4:00 PM Transportation Available

CONTACT

(385)468-3330- Main (385)468-3323- Rick

Staff

Manager: Shawn Ashby
Programs: Rick Dykhuizen
Office: Marianne Bradley- Kopec
Janitorial: David Lopez
Transportation:
Scott Andrews
Chuck Bradley
Kitchen:
Elevation Catering

ADDRESS

1148 E Pioneer Road Draper, Utah 84020

WEBSITE

slco.org/draper-seniorcenter



Monday	Tuesday	Wednesday	Thursday	Friday
1.	2	3.	4.	5.
********* ********* HAPPY LABOR DAY **** ********* Center Closed	9:00 Spanish 101 9:00 Cardio/Weights 9:00 Arthritis Exer 9:00 Wood Carving 9:00 Threads & Yarn 10:00 Aging Mastery 10:15 Zumba 12:00 Bridge 12:30 Dot Art Etc. 1:00 Get U Movin'	8:30 Yin Yang Yoga 8:45 Group Exercise 9:45 Irish Dance 10:00 Chair Yoga 10:30 Belly Dancing 11:00 Beginning Painting 12:00 Ukulele 1:15 Enhance Fitness 1:30 Hawaiian Dance	9:00 Arthritis Exer 9:00 Cardio/Weights 10:00 Clay Class* 10:00 Crafty w Mickey 12:00 Bridge 12:15 Tai Chi 12:30 Pinochle 1:00 Get U Movin' 2:45 Pickleball 101	8:45 Group Exercise 9:00 Arthritis Exer 10:30 Drums Alive 2:15 Chess Club 1:15 Group Exercise 2:30 Table Tennis 2:30 Functional Yoga
8.	9.	10	H	12.
8:45 Group Exercise 9:00 Arthritis Exer 10:00 Ballet 10:00 Clay Class* 10:15 Cardio/Weights 12:00 Book Club 1:00 Guitar 1:00 Mahjong 1:15 Enhance Fitness	9:00 Spanish 101 9:00 <u>Cardio/Weights</u> 9:00 Arthritis Exer 9:00 Wood Carving 9:00 <u>Threads & Yarn</u> 10:00 <u>Aging Mastery</u> 10:15 Zumba 12:00 Bridge 12:30 Dot Art Etc. 1:00 <u>Get U Movin'</u>	8:30 Yin Yang Yoga 8:45 Group Exercise 9:45 Irish Dance 10:00 Chair Yoga 10:30 Belly Dancing 11:00 Beginning Painting 12:00 Ukulele 1:00 BINGO! 1:15 Enhance Fitness 1:30 Hawaiian Dance	9:00 Arthritis Exer 9:00 Cardio/Weights 10:00 Clay Class* 10:00 Crafty w Mickey 10:30 Coins w Gene 12:00 Bridge 12:30 Pinochle 1:00 Get U Movin' 2:45 Pickleball 101	8:45 Group Exercise 9:00 Arthritis Exer 10:30 Drums Alive 11:45 Movie Friday 1:00 Mahjong 1:15 Group Exercise 2:15 Chess Club 2:30 Functional Yoga
15.	16.	17.	18.	19.
8:45 Group Exercise 9:00 Arthritis Exer 10:00 Ballet 10:00 Clay Class* 10:15 Cardio/Weights 1:00 Guitar 1:00 Mahjong 1:15 Enhance Fitness 2:00 We Be Jammin'	9:00 Spanish 101 9:00 <u>Cardio/Weights</u> 9:00 Arthritis Exer 9:00 Wood Carving 9:00 <u>Threads & Yarn</u> 10:00 <u>Aging Mastery</u> 10:15 Zumba 12:00 Bridge 12:30 Dot Art Etc. 1:00 <u>Get U Movin'</u>	8:30 Yin Yang Yoga 8:45 Group Exercise 9:45 Irish Dance 10:00 Chair Yoga 10:30 Belly Dancing 11:00 Beginning Painting 12:00 Ukulele 1:15 Enhance Fitness 1:30 Hawaiian Dance	9:00 Arthritis Exer 9:00 Cardio/Weights 10:00 Clay Class* Center Closed @ 12:00p	8:45 Group Exercise 9:00 Arthritis Exer 10:30 Drums Alive 10:00 Live on Less 1:15 Group Exercise 2:15 Chess Club 2:30 Functional Yoga
22.	23.	24.	25.	26.
8:45 Group Exercise 9:00 Arthritis Exer 10:00 Ballet 10:00 Clay Class* 10:15 Cardio/Weights 1:00 Guitar 1:00 Mahjong 1:15 Enhance Fitness 2:00 We Be Jammin'	9:00 Spanish 101 9:00 Cardio/Weights 9:00 Arthritis Exer 9:00 Wood Carving 9:00 Threads & Yarn 10:00 Aging Mastery 10:15 Zumba 11:00 SHRED TRUCK! 12:00 Bridge 12:30 Dot Art Etc. 1:00 Get U Movin'	8:30 Yin Yang Yoga 8:45 Group Exercise 9:45 Irish Dance 10:00 Chair Yoga 10:30 Belly Dancing 11:00 Beginning Painting 12:00 Ukulele 1:15 Enhance Fitness 1:30 Hawaiian Dance	9:00 Arthritis Exer 9:00 <u>Cardio/Weights</u> 10:00 <u>Clay Class*</u> 12:00 Bridge 12:30 Pinochle 1:00 <u>Get U Movin'</u> 2:45 Pickleball 101	8:45 Group Exercise 9:00 Arthritis Exer 10:30 Drums Alive 1:00 Mahjong 1:15 Group Exercise 2:15 Chess Club 2:30 Functional Yoga 9:30a Special Volunteer Appreciation Brunch
29.	30.			
8:45 Group Exercise 9:00 Arthritis Exer 10:00 Ballet 10:00 Clay Class* 10:15 Cardio/Weights 1:00 Guitar 1:00 Mahjong 1:15 Enhance Fitness 2:00 We Be Jammin'	9:00 Spanish 101 9:00 <u>Cardio/Weights</u> 9:00 Arthritis Exer 9:00 Wood Carving 9:00 <u>Threads & Yarn</u> 10:00 <u>Aging Mastery</u> 10:15 Zumba 12:00 Bridge 12:30 Dot Art Etc. 1:00 <u>Get U Movin'</u>		* Mon & Thur. Clay Class Oriented Beginners and All Instructors Present.	Every Monday Wednesday and Friday—Table Tennis from 2:30p-3:45p