

September 2025 Menu



Lunch served from 11:30 - 12:15PM

Suggested Donation: \$4.00

To donate online, please visit

<https://slco.org/aging-adult-services/get-involved/>

and click on the “Donate” button

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Labor Day Center Closed	Chicken Fajita Bowl Brown Rice w/Cilantro Black Beans Whole Kernel Corn Pineapple Orange Whip	BBQ Pork Rib Patty Baked Beans Mixed Green Salad Rosy Pears	Cheese Omelet w/Creole Sauce Red Diced Potatoes Stewed Tomatoes Mixed Fruit	Chicken Salad Sandwich Broccoli Ranch Salad Seasonal Fresh Fruit Raberry Gelatin
8	9	10	11	12
Philly Cheese Steak Sandwich Mixed Vegetables Mixed Fruit Fresh Baked Cookie	Meatloaf (Birthday Meal) Whipped Potatoes w/Brown Gravy Stewed Tomatoes Green Beans Frosted Birthday Cake	Sweet & Sour Pork Brown Rice Mixed Vegetables Cauliflower Fruited Lime Gelatin	Tuna Pasta Salad over Greens Cucumber Tomato Salad Saltine Crackers	Pork Al Pastor Black Beans Shredded Cabbage Mixed Vegetables
15	16	17	18	19
Chicken Thigh w/ Cordon Bleu Sauce Mashed Spiced Yams Mixed Vegetables Pineapple Tidbits	Beef Taco Black Beans w/Red Peppers Whole Kernel Corn Sugar Cookie	Curry Chicken Jasmine Rice Cabbage & Carrots Hot Mixed Fruit Lemon Pudding	Chef Salad Beet & Mandarin Orange Salad Saltine Crackers Fruited Gelatin	Breaded Fish Sandwich Peas & Carrots Tropical Fruit
22	23	24	25	26
Salisbury Steak Garlic Whipped Potatoes w/Brown Gravy Carrots Peas	Egg Salad Sandwich Kidney Bean Salad Mixed Fruit Orange Gelatin	BBQ Hamburger Baked Beans Brussel Sprouts & Corn Pineapple Lime Whip	Teriyaki Meatballs Parslied Rice Mixed Green Salad Mixed Vegetables Pineapple Tidbits	Chicken Ceasar Salad Mandarin Oranges Saltine Crackers Carnival Cookie
29	30			
Potato Crusted Fish Florentine Rice Cabbage & Carrots Seasonal Fresh Fruit Fresh Baked Cookie	Swedish Meatballs Penne Pasta Mixed Green Salad Mixed Vegetables Hot Cinnamon Applesauce			

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments