

September 2025 Menu



Lunch served from 11:30 AM – 1:30 PM
Draper: 385-468-3330 Kearns: 385-468-3100 Midvale: 385-468-3350
Millcreek: 385-468-3305

Suggested Donation: \$4.00

To donate online, please visit <https://slco.org/aging-adult-services/get-involved/>
 and click on the “Donate” button

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Labor Day Center Closed	Curry Chicken Jasmine Rice Steamed Vegetables Fresh Fruit	Beef Stroganoff Peas Fresh Fruit Sherbet	Pork Chop w/Garlic Herb Sauce Baked Potato Mixed Green Salad Whole Wheat Roll Fresh Fruit	Chicken Ceasar Wrap Cucumber Tomato Salad Fresh Fruit Gelatin
8	9	10	11	12
Ground Turkey Lasagna Mixed Green Salad Garlic Bread Mixed Fruit Pudding	Pot Roast Roasted Red Potatoes Carrots Fresh Fruit	BBQ Pulled Pork Sandwich Coleslaw Fresh Fruit Ice Cream	Chicken Stir Fry Jasmine Rice Mandarin Oranges	Meatloaf Mashed Potatoes w/Beef Gravy Mixed Green Salad Fresh Fruit Fresh Baked Cookie
15	16	17	18	19
Chicken Salad Sandwich Macaroni Salad Mixed Green Salad Fresh Fruit Sherbet	Baked Fish Filet Rice Pilaf Whole Wheat Roll Steamed Vegetable Blend	Asian Chicken & Noodles Mixed Vegetables Mixed Fruit Gelatin	Chili Stuffed Baked Potato Steamed Broccoli Mixed Fruit Lunch served 10:30– 12PM	Pork Chop w/Pork Gravy Au Gratin Potatoes Mixed Green Salad Applesauce Pudding
22	23	24	25	26
Spaghetti w/Meat Sauce Garlic Bread Steamed Vegetables Fresh Fruit Fresh Baked Cookie	Teriyaki Chicken Brown Rice Mixed Green Salad Mixed Fruit	Salisbury Steak Mashed Potatoes w/Beef Gravy Steamed Vegetables Seasonal Fresh Fruit Ice Cream	Chicken w/Cordon Bleu Sauce White Steamed Rice Green Bean Casserole Mixed Fruit	BBQ Chicken Thigh Sandwich Mixed Green Salad Mixed Fruit Gelatin
29	30			
Meatballs Mashed Potatoes w/Beef Gravy Steamed Vegetables Pears Pudding	Baked Fish w/Roasted Tomatoes & Garlic Rice Pilaf Mixed Vegetables Fresh Fruit			

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments
 Average calories per meal range from 666-733 calories